



YOUTH FOR UNDERSTANDING
Hungary



A YEAR IN HUNGARY

Hungary is famous for its hospitality, spectacular landscapes, gastronomy and much more. Thanks to our long history, our culture is very diverse and rich.

A country for the cultural adventurers...

Hungary has 8 UNESCO World Heritage Sites including our beautiful capital city **Budapest**.

Some of the world-famous Hungarian inventions are the noiseless match (János Irinyi), **Rubik's cube** (Ernő Rubik), and the ballpoint pen (László Bíró). Until now, 13 Hungarians have received the **Nobel prize** including Albert Szent-Györgyi (for Vitamin C) and Imre Kertész (in Literature).

Currently, Hungary is ranked 8th in the world for total Olympic medal count with 491 medals. We own the second most **gold medals** per capita in the world.

We are an equestrian nation – **horseback riding** is an important part of Hungarian culture and traditions. So is the Hungarian **folk dance** that has many varieties.



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A country for the water lovers...

Our beloved **Lake Balaton** is Central Europe's largest lake. You can also visit the **Danube Bend** or take a cruise on the river **Tisza**. According to estimates, there are approximately 1000 natural **spring water sources** in Hungary. Budapest is also called the **City of Spas/Baths**.

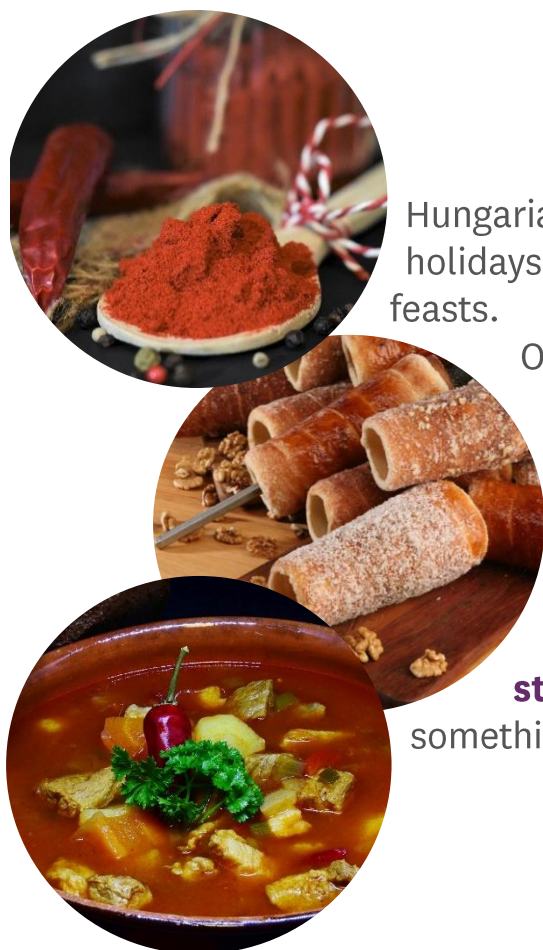
We are a nation of aquatics: we are proud of the achievements of our **kayak-canoe** and **rowing** teams, as well as our **swimmers** (Katinka Hosszú, Dániel Gyurta, László Cseh and many others). Our men's national **water polo** team won 3 Olympic games in a row (2000, 2004, 2008) and they have won 44 world medals (18 gold medals) in total, which makes them **the most successful champions** in the history of water polo.



A country for the culinary enthusiasts...

Hungarians like to **eat together** and like to **eat a lot**. Our holidays and family occasions are usually celebrated with great feasts.

Our specialties include the well-known **gulyás** soup, the fried dough called **lángos** or the foreigners' favourite, the **kürtőskalács**. Hungary is a major producer of the world-famous **paprika** powder and it is an essential ingredient in our cuisine. If you have a sweet tooth, don't forget to try the **Dobos torta** or visit **Gerbeaud** Confectionary. Budapest is a city for **street food** lovers, and any visitor is sure to discover something new and amazing to eat.



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